Fulneck Junior & Nursery School Menu

Week Commencing Mon 4th Dec

MONDAY

Chicken curry
Quorn spaghetti bolognaise
Basmati rice & broccoli
Cheese & tomato bagel
Plain pasta
Tomato sauce
Cheese
Jacket potato
Cranberry & orange flapjack

WEDNESDAY

Pork stroganoff
Quorn paella
Coriander rice & carrots
Quesadilla
Plain pasta
Tomato sauce
Cheese
Jacket potato
Cinnamon & apple pie with cream

FRIDAY

Swarma chicken
Sweet chilli halloumi
Salad, wraps & fries
Beef burger with onions
Plain pasta
Tomato sauce
Cheese
Jacket potato
Jam roly poly with custard

TUESDAY

Beef stew with dumplings
Mushroom risotto
Mash potato & cauliflower
Cheese & tomato pizza bread
Plain pasta
Tomato sauce
Cheese
Jacket potato
Chocolate fudge cake

Junior school

Morning snack
Cucumber & orange

THURSDAY

Chilli con carni with soured cream
Cheese & onion quiche
White rice & steamed greens
Mexican chicken panini
Plain pasta
Tomato sauce
Cheese
Jacket potato
Lemon love cake

Nursery

Morning snack

Toast/crumpets/
muffins & milk

Afternoon snack

Mon: Quavers &

Tue: Jam rings

Wed: Pitta fingers, cucumber & orange

Thu: Pink wafers

Fri: Crackers &



Fulneck School Menu

Date	BREAKFAST	SOUP	MAIN COURSE & VEGETARIAN	DELI SANDWICH	DESSERT	BOARDERS' TEA 5.15 – 5.45	SUPPER BOX
Monday 4 th	Omelette, beans & hash browns 7:15-8:00	Cauliflower & horseradish soup with homemade bread	Chicken curry Or Quorn spaghetti bolognaise Basmati rice & broccoli Jacket potato or plain pasta	Cheese & tomato bagel	Cranberry & orange flapjack with custard A Selection of Fresh Fruit, Yoghurt & Dessert Pots	Creamy pasta with bacon, peas & sage Or Vegetable tagine Cauliflower & lemon scented potatoes Selection of desserts	Drinks, Fresh Fruit & provisions as required
Tuesday 5 th	Traditional Cereals & yoghurt 7:15-8:00	Cream of mushroom soup with homemade bread	Slow cooked beef with shallots & ginger Or Mushroom & spinach risotto Sweet potato mash & cauliflower Jacket potato or plain pasta	Mexican chicken panini	Chocolate fudge cake A Selection of Fresh Fruit, Yoghurt & Dessert Pots	Crispy chicken with green curry Or Stuffed field mushrooms with creamy mustard sauce Egg noodles & vegetables Selection of desserts	Drinks, Fresh Fruit & provisions as required
Wednesday 6 th	Pastries, waffles, Cereals & yoghurt 7:15-8:00	Vegetable soup with homemade bread	Pork stroganoff Or Thai green qourn & vegetable curry Coriander rice & glazed carrots Jacket potato or plain pasta	Quesadilla	Cinnamon & apple pie with cream A Selection of Fresh Fruit, Yoghurt & Dessert Pots	Homemade mince beef & mushroom pie Or Spicy bean & chickpea chilli enchiladas Mashed potatoes & green beans Selection of desserts	Drinks, Fresh Fruit & provisions as required
Thursday 7 th	Traditional Cereals & yoghurt 7:15-8:00	Sweet potato & chilli soup with homemade bread	Classic chilli con carne with soured cream Or Brie, cranberry & rocket tart White rice & steamed greens Jacket potato or plain pasta	Cheese & tomato pizza bread	Lemon love cake A Selection of Fresh Fruit, Yoghurt & Dessert Pots	Crispy pork loin with garlic mayo & seasoned wedges Or Tomato, spinach & mushroom bruschetta Selection of desserts	Drinks, Fresh Fruit & provisions as required
Friday 8 th	Beans, toast, eggs, waffles & cereals 7:15-8:00	Soup of the day with homemade bread	Swarma chicken Or Sweet chilli halloumi Shredded cabbage salad, raita & chilli sauce Chipped potatoes Jacket potato or plain pasta	Ground beef slider with pickled onions	Jam roly poly with custard A Selection of Fresh Fruit, Yoghurt & Dessert Pots	Homemade chicken nuggets Or Tempura vegetables with garlic mayo Potato wedges & mixed salad Selection of desserts	Drinks, Fresh Fruit & provisions as required
Saturday 9 th	Cereals 9:00-10:00		Brunch 10:00-12:00		A Selection of Fresh Fruit, Yoghurt & Dessert Pots	BBQ pulled pork with pitta or wrap Or Macaroni cheese Rosemary roasted new potatoes & roasted vegetables	Drinks, Fresh Fruit & provisions as required
Sunday 10 th	Traditional Cereals & yoghurt 9:00-9:30		12:00 – 12:30 Selection of homemade sandwiches & wraps		A Selection of Fresh Fruit, Yoghurt & Dessert Pots	BOARDERS XMAS PARTY	Drinks, Fresh Fruit & provisions as required